

# KENTUCKY YMCA YOUTH ASSOCIATION

## KYA & KUNA MEAL MENUS

**\*\*\*THIS MENU IS A SAMPLE AND IS TENTATIVE\*\*\***

No outside food is allowed in any programming area in the hotel. Only snacks for sleeping rooms are permitted.

### Dinner, Night 1

*This meal is NOT provided by the Kentucky YMCA Youth Association*

#### Exhibit Hall Dining

- Cheeseburger.....\$8
- Hamburger.....\$7
- Turkey, Cheese, and Lettuce Hoagie.....\$6
- Veggie Burger.....\$7
- Gluten-Free Club Sandwich.....\$7
- Small Garden Salad.....\$5
- Grilled Chicken Garden Salad.....\$8
- Assorted Chips.....\$3
- Fruit Cup.....\$4
- Giant Pretzels.....\$4
- Coke Zero, Diet Coke, Sprite.....\$2
- Bottled Water.....\$2
- Chocolate and Whole Milk.....\$2

## Breakfast, Morning Day 2

*This meal is NOT provided by the Kentucky YMCA Youth Association*

### Exhibit Hall Dining

- Poptarts.....\$3
- Chicken Biscuit.....\$6
- Nut-free Muffin.....\$4
- Gluten-Free Mini Quiche Muffins.....\$7
- Mini Vegetarian Frittata Muffins.....\$7
- Vegan Breakfast Tacos w/Quinoa & Vegetables.....\$7
- Yogurt.....\$3
- Bottled Juice.....\$3
- Chocolate and Whole Milk.....\$2

## Lunch, Day 2

*This meal is provided by the Kentucky YMCA Youth Association*

### Exhibit Hall Dining

#### Buffet-Style Meal

*Burrito Bowl Bar, includes: soft taco shells, vegan sauteed vegetables (peppers, onions, mushrooms), chicken, ground beef, refried beans (vegetarian), rice (vegan), queso, shredded lettuce, cheese, tortilla chips (students build their own bowl)*

\*Gluten-Free options available on buffet

## Dinner, Day 2

*This meal is provided by the Kentucky YMCA Youth Association*

Exhibit Hall Dining

Buffet-Style Meal

*Pasta bar with marinara (vegan), rigatoni pasta, all beef meatballs, and salad. All items are separated to build as you would like!*

\*Gluten free pasta available upon request

## Breakfast, Day 3

*This meal is provided by the Kentucky YMCA Youth Association*

Exhibit Hall Dining

Buffet-Style Meal

*Includes scrambled eggs, pancakes with syrup, orange juice*

*Vegan & Gluten-Free waffles*

**For students observing Ramadan during the conference season, meals will be available before sunrise and after sunset.**