



**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**



# **Y-Corps 2023**

## **Service Learning Program**

Y-Corps is a service-learning program for students who are looking to make a difference in their local communities, in their Commonwealth, and across the country. Through Y-Corps, students learn how to create positive opportunities for others, and practice their own agency in impacting others directly.

Over the course of 6-months, students are placed on teams that work together to achieve different goals in service, philanthropy, and advocacy. The program culminates in a multi-day travel experience in July, performing service across a region specific to their team.

**<http://www.kyymca.org/y-corps/>**

# PROGRAM OVERVIEW

Each student accepted into the Y-Corps program will be placed on one of two teams, based on experience and availability. Each team has a staff lead, as well as student captains that manage the team throughout the program. The teams are based on the region they'll be serving at the culmination of the trip.

## 2023 Y-Corps Teams

Service to the South

Service to the Commonwealth

## Travel Dates

July 8 - 15, 2023

July 23 - 29, 2023

## Individual and Team Goals

The program officially begins in February, when students receive their team assignments, team goals, and individual goals. They'll be connected with their team and its captains, where they can find direction, advice, and collaboration. Throughout the program, participants perform direct and indirect service in their communities, practice philanthropy by fundraising for the YMCA Scholarship Fund, and advocate on behalf of their teams and the YMCA Movement.

## Y-Corps Institute

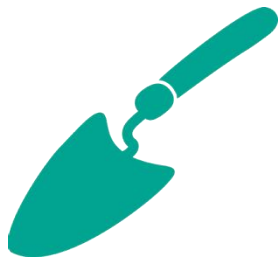
Two months into the program, in April, both teams will gather for the Y-Corps Institute (YCI), a one-day training and team-building event. At YCI, students gather to meet their team in person for the first time and go through a series of workshops and culture-setting activities. Together, each team can brainstorm strategies for meeting their goals leading up to the travel and prepare for the travel at the end of the program in a fun and productive setting.

Y-Corps Institute - April 15th, 2023

## Team Travel

The program culminates in July in a team travel experience, where each team ventures across a specific region, serving the communities within and learning about the culture of the places they visit. Through service, exploration, and reflection, students build relationships, expand their perspectives, and gain a deeper understanding of the world they live in, all the while creating a lasting impact everywhere they go.

# PRE-TRAVEL OBJECTIVES



## Service

Prior to the culminating travel, all Y-Corps students complete service hours and projects over the course of the program. Each student is required to complete 50 hours of direct or indirect service prior to June. Additionally, each student plans a Passion Project, a service-focused project or partnership with an outside organization rooted in something they care deeply about.



## Philanthropy

In addition to their local communities, Y-Corps students serve their YMCA community by fundraising for the Y Scholarship Fund, providing opportunities for over 1,000 students across Kentucky. Each team has a fundraising goal, while individual members raise different amounts based on their experience in the program. Through Philanthropy, Y-Corps students connect hundreds of business, organizations, and donors to the Y movement.



## Advocacy

As a cause-driven organization, the Y has been advocating for others since its founding. Y-Corps students spread awareness and inspiration about the Y and Y-Corps movements by advocating on behalf of their team and the program. Students learn the history of the movement and practice storytelling in long and short forms across multiple platforms to help inspire people, both young and old, to serve their communities.

# DEADLINES & REQUIREMENTS

## 2024 Deadlines

### Application Deadline

January, 2024

### Service/Fundraising Deadline

June, 2024

## Individual Requirements

### Service Requirements

50+ Hours, reported on MobileServe

### Fundraising Requirements

1st Year | \$400+

2nd Year | \$600+

3rd/4th Year | \$750+

Captains | \$1,000



# Y-CORPS 2019

In 2019, our Y-Corps teams were able to translate their passion for service into meaningful change, both in Kentucky and around the country.

## OUR JOURNEY

VISITED  
**24**  
STATES



AND TRAVELED OVER



**10,300 mi.**  
OVER 41 DAYS



Y-CORPS TEAMS RAISED

**\$81,006**

FUNDING SCHOLARSHIPS  
FOR **1,157** STUDENTS



WITH YOUR  
SUPPORT

**105**  
STUDENTS  
ON 5 TEAMS

SERVED

**43**

ORGANIZATIONS



FOR A TOTAL OF



**7,962 hrs.**  
OF SERVICE

WORTH NEARLY  
**\$202,473**

## JOIN Y-CORPS

Want to join us for Y-Corps 2024? You can apply today! The application is available online and is open to all high school students in Kentucky. Y-Corps members must perform at least 50 hours of service, fundraise for our Scholarship Fund (goal set by years of experience), and advocate on behalf of the YMCA movement.

APPLY NOW! [www.kyymca.org/y-corps](http://www.kyymca.org/y-corps)

DEADLINE: January 2024

**KENTUCKY YMCA YOUTH ASSOCIATION**





# Y-CORPS

LEARN MORE AND GET INVOLVED AT  
[www.kyymca.org/y-corps](http://www.kyymca.org/y-corps)