

KENTUCKY YMCA YOUTH ASSOCIATION

2022 KYA MEAL MENUS

******THIS MENU IS A SAMPLE AND IS TENTATIVE******

No outside food is allowed in the Crowne Plaza Hotel. Only snacks for sleeping rooms are permitted.

Dinner, Night 1

This meal is NOT provided by the Kentucky YMCA Youth Association

Exhibit Hall Dining

Turkey, Cheese, and Lettuce Hoagie.....\$6

Veggie Burger.....\$7

Spicy Chicken Sandwich.....\$7

Gluten-Free Club Sandwich.....\$7

Small Garden Salad.....\$5

Grilled Chicken Garden Salad.....\$7

Assorted Chips.....\$2

Fruit Cup.....\$4

Giant Pretzels.....\$4

Coke Zero, Diet Coke, Sprite.....\$2

Bottled Water.....\$2

Chocolate and Whole Milk.....\$2

Breakfast, Morning Day 2

This meal is NOT provided by the Kentucky YMCA Youth Association

Exhibit Hall Dining

Poptarts.....\$3

Brown Sugar Instant Oatmeal.....\$3

Toasted English Muffin w/Sausage Patty.....\$5

Vegetarian and Vegan Breakfast Burritos.....\$6

Gluten-Free Mini Quiche Muffins.....\$5

Whole Fruit.....\$1

Yogurt.....\$2

Bottled Juice.....\$3

Chocolate and Whole Milk.....\$2

Lunch, Day 2

This meal is provided by the Kentucky YMCA Youth Association

Claudia Sanders Dining

Buffet-Style Meal

Fried chicken, mashed potatoes, green beans, mac-and-cheese, biscuits, bottled water

***Gluten Free options includes house salad, grilled chicken breast, and green beans*

Dinner, Day 2

This meal is provided by the Kentucky YMCA Youth Association

Exhibit Hall Dining

Buffet-Style Meal

Burrito Bowl Bar, includes: chicken, ground beef, refried beans (vegetarian), rice, queso, lettuce, cheese (students build their own bowl)

Breakfast, Day 3

This meal is provided by the Kentucky YMCA Youth Association

Exhibit Hall Dining

Buffet-Style Meal

Includes nut-free muffins, pancake sausage wrap with syrup, apples, bananas, chocolate and whole milk, and orange juice

***Gluten Free options will be available*