

# KENTUCKY YMCA YOUTH ASSOCIATION 2019 KUNA MEAL MENUS

**\*\*\*THIS MENU IS A SAMPLE AND IS TENTATIVE\*\*\***

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No outside food is allowed in the Crowne Plaza Hotel. Only snacks for sleeping rooms are permitted.

## Day 1

### **Dinner**

*This meal is NOT provided by the Kentucky YMCA Youth Association*

#### **Option 1: Blue Horse Dining**

Mexican Buffet Special.....\$13

Ala Carte Specials.....\$13

*Choose from a hamburger, fried chicken sandwich, fried cod sandwich, and a veggie burger*

#### **Option 2: Exhibit Hall Dining**

Turkey, Cheese, and Lettuce Hoagie.....\$6

Hot Dogs.....\$3

Small Garden Salad.....\$5

Grilled Chicken Garden Salad.....\$7

Assorted Chips.....\$2

Giant Pretzel.....\$4

Coke Zero, Diet Coke, Sprite.....\$2

Bottled Water.....\$2

Chocolate and Whole Milk.....\$2

## Day 2

### **Breakfast**

*This meal is NOT provided by the Kentucky YMCA Youth Association*

#### **Option 1: Blue Horse Dining, Crowne Plaza Hotel**

Breakfast Buffet.....\$14

#### **Option 2: Exhibit Area Dining, Crowne Plaza Hotel**

Poptarts.....\$2

Brown Sugar Instant Oatmeal.....\$3

Toasted English Muffin with Sausage Patty.....\$4

Whole Fruit.....\$1

Yogurt.....\$2

Bottled Juice.....\$3

Chocolate and Whole Milk.....\$2

### **Lunch**

*This meal is provided by the Kentucky YMCA Youth Association*

#### **Crowne Dining, Crowne Plaza Hotel**

Chicken Tender Lunch Buffet

*Includes chicken tenders, mac and cheese, mini buns, pickle chips, bananas and apples*

*\*Vegetarian, Vegan, and Gluten Free options available*

### **Dinner**

*This meal is provided by the Kentucky YMCA Youth Association*

#### **Crowne Dining, Crowne Plaza Hotel**

KUNA Buffet

*Includes garden salad with croutons and ranch dressing, penne pasta with marinara sauce, beef meatballs in marinara sauce, garlic bread sticks, broccoli, and rice krispy treats*

*\*Vegetarian, Vegan, and Gluten Free options available*

## **Day 3**

### **Breakfast**

*This meal is provided by the Kentucky YMCA Youth Association*

#### **Exhibit Area Dining**

##### **Continental Breakfast**

*Includes blueberry and chocolate muffins, pancake sausage wrap with syrup, apples, bananas, chocolate and whole milk, and orange juice*

#### **Adult Breakfast (Adults Only)**

##### **Breakfast Buffet**

*Includes assorted muffins, scrambled eggs, breakfast potatoes, bacon, assorted fruit, French toast with syrup, sausage gravy and biscuits, orange juice, coffee, and hot tea*