

 KENTUCKY YMCA YOUTH ASSOCIATION KENTUCKY YOUTH ASSEMBLY Legislative Bill	Blue Bill # 13						
	Referred to Committee: Senate 1						
Authors: Isaac Clark, Peyton York, Adam Kenner	Action on the Bill <table> <tr> <td>House</td> <td>Senate</td> </tr> <tr> <td>___ <input type="checkbox"/> Passed</td> <td>___ <input type="checkbox"/> Passed</td> </tr> <tr> <td>___ <input type="checkbox"/> Defeated</td> <td>___ <input type="checkbox"/> Defeated</td> </tr> </table>	House	Senate	___ <input type="checkbox"/> Passed	___ <input type="checkbox"/> Passed	___ <input type="checkbox"/> Defeated	___ <input type="checkbox"/> Defeated
House		Senate					
___ <input type="checkbox"/> Passed		___ <input type="checkbox"/> Passed					
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School: Shelby East MS							
City: Shelbyville							

1 An Act to Prohibit the Sale of Energy Drinks to Children Under the Age of 18.

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3 **Be it enacted by the Youth Assembly of the Commonwealth of Kentucky**

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5 Section 1: This bill will limit the sale of energy drinks that contain more than 80 milligrams of caffeine to
6 children under the age of 18. Energy drinks contain high amounts of caffeine and sugar, boosting your
7 energy levels. Although effective, caffeine stunts your growth and alters your brain. Caffeine can cause
8 hyperactivity, seizures, high blood pressure, and heart attacks in children when taken in high doses. This
9 affects a child's ability to learn and grow. Some popular energy drinks that contain more than 80 mg are:
10 Nos, Kickstart, Monster, Redbull, 5 hour Energy and Rock Star. The caffeine in energy drinks range from 80 -
11 500 mg with the average amount being 182.57 mg. Compare this with the 75mg average amount in
12 Starbucks coffee, which has some of the highest caffeine amounts of all types of coffee. Coca Cola and
13 other soft drinks have about 6 times less caffeine than energy drinks. Coffee will not be included in this bill's
14 restrictions on energy drinks.

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16 Section 2: With this bill, energy drinks will come under the jurisdiction of the ABA (American Beverage
17 Association) and will be treated the same way cigarettes are treated. These products will be placed behind
18 the counters in stores so that they are inaccessible to children under the age of 18. Anyone wanting to
19 purchase an energy drink will have to show proper identification to do so. The ABA will be responsible for
20 enforcing this bill.

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22 Section 3: Penalties for selling energy drink products to children under the age of 18 will be levied against
23 the place of business by the ABA as follows:

24 1st offense: \$500

25 2nd offense: \$1,500

26 3rd offense: \$2,500

27 On the 4th offense the store will lose its privilege of selling energy drinks.

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29 Section 4: This bill will take effect on Jan. 1, 2015