



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

STRENGTHENING KENTUCKY'S COMMUNITIES

Kentucky Alliance of YMCAs



THE Y. SO MUCH MORE.

As one of Kentucky's leading nonprofit organizations, the Y is committed to strengthening communities through youth development, healthy living and social responsibility. That's because strong communities are possible only when we invest in our kids, our health and our neighbors. We're more than a gym – we're a cause.

There is no nonprofit quite like the Y. That's because we have the long-standing relationships and reputation to not just promote, but also deliver on lasting and meaningful change.

Every day, we work side-by-side with our neighbors to make sure that everyone, regardless of age, income or background, has the opportunity to learn, grow and thrive.

We all need the Y.



LEGISLATIVE PRIORITIES



FOR YOUTH DEVELOPMENT

Nurturing the potential of every child and teen

- Restore Child Care Assistance Program Funding
- Improve Out-of-School Time standards
- Create a "college-going culture"
- Promote civic engagement and service learning through our statewide Student Y programs – Kentucky Youth Assembly, Kentucky United Nations Assembly, Y-Corps, and Leadership & Advocacy programs



FOR HEALTHY LIVING

Improving communities' health and well-being

- Promote increased youth physical activity before, during, and after school.
- Increase access to healthy foods
- Support healthy lifestyle initiatives to combat health and wellness issues such as obesity, sedentary living, diabetes, arthritis, high blood pressure and cholesterol.



FOR SOCIAL RESPONSIBILITY

Giving back and providing support to our neighbors

- Preserve charitable tax deductions for donors and the tax-exempt status of charitable organizations.
- Advocate for YMCAs as partners with state government in the delivery of services.
- Promote a culture of service in our local communities

MEETING COMMUNITY NEEDS

Serving people of all incomes, ages and abilities

- Kentucky's YMCAs serve more than **367,100 people** in diverse communities around the state. We bring together young and old, men and women, people of all faiths, backgrounds and incomes. YMCA scholarships, subsidies and outreach provide critical access to low-income families.
- The Y welcomes everyone! We provide activities for everyone, including free health fairs/screenings, physical activity programs, nutrition advice and more.
- In addition, we provide over **\$6,900,000 a year in financial assistance** and subsidies for children, youth and families to participate in YMCA programs and membership.



Serving vulnerable populations in our communities

- **Children:** Our Kentucky YMCA's serve over **160,000 children and youth**. The Y provides a wide range of activities to foster healthy, productive children, including teen clubs, sports leagues, family nights, and community service projects. All youth activities incorporate the YMCA Core Values of caring, honesty, respect, and responsibility.
- **Older Americans:** Over **32,700 seniors**, those over 65 years of age, participate in specialized fitness programs, social activities, and events provided by the Y, making them one of the fastest growing segments of our membership. The Y is committed to helping seniors across Kentucky continue to live full, healthy and independent lives.



Mobilizing community resources to meet community needs

- **Locally Driven:** YMCAs are created by the local community based on a regional needs assessment and are controlled by a local board of community volunteers.
- **Contributed Income:** Kentucky YMCAs receive over **\$6.1 million a year** in support from annual community contributions.
- **Volunteer Hours:** Our YMCAs mobilize over **8,280 volunteers each year** to serve their local communities.
- **Key Partnerships:** Recognizing the importance of collaborations, Kentucky YMCAs create partnerships with a wide-range of organizations in the communities they serve.

Promoting healthy lifestyles to prevent obesity

- **Health Crisis/Childhood Obesity:** Our YMCAs have a longstanding dedication to provide programs and services that build healthy spirit, mind and body for all. We continue this commitment today by engaging and supporting children and all health seekers – individuals of all ages who wish to pursue a healthy lifestyle.



Kentucky Alliance of YMCAs



Ashland Area YMCA

Ashland, KY
Marla Gearhart, Executive Director
www.ashlandareaymca.org

Barren County Family YMCA

Glasgow, KY
Terry Reed, Executive Director
www.barrencountyyymca.org

Frankfort YMCA

Frankfort, KY
Keith Gallagher, CEO
www.frankfortymca.org

Henderson County Family YMCA

Henderson, KY
Sheldon Booze, CEO
www.hcfymca.com

Hopkins County Family YMCA

Madisonville, KY
Ed Wallace, CEO
www.hopkinscountyyymca.org

Hopkinsville/Christian County YMCA

Hopkinsville, KY
Paul Watts, Executive Director
www.hopkinsvilleyymca.org

Limestone Family YMCA

Maysville, KY
Tonya Wenz, Executive Director
www.limestonemyca.org

YMCA of Mayfield/Graves County

Mayfield, KY
Pam Hamilton, Director
www.facebook.com/mayfieldgravesymca

Owensboro Family YMCA

Owensboro, KY
Arthur Harreld, CEO
www.owensboroymca.org

Paris-Bourbon County YMCA

Paris, KY
Cathy Boone, Executive Director
www.parisbourbonymca.org

Pikeville Area Family YMCA

Pikeville, KY
Sherry Riddle, CEO
www.limestonemyca.org

Telford Community Center YMCA

Richmond, KY
Dave Wallace, Executive Director
www.ymcatelford.org

Union County YMCA

Morganfield, KY
Krystal Scarberry, Director
270-389-9622

YMCA of Central Kentucky

Lexington, KY
David Martorano, CEO
www.ymcacky.org

YMCA of Greater Louisville

Louisville, KY
Steve Tarver, CEO
www.ymcalsouthern.org

YMCA of Winchester

Winchester, KY
Ann Stenzel, Director
859-744-9622

Wilderness Trace Family YMCA

Harrodsburg, KY
Neal Robinson, CEO
www.wildernesstraceymca.org

YMCA of Greater Cincinnati

Cincinnati & Northern Kentucky
Sandra Berlin-Walker, CEO

Branches in Kentucky:

Campbell County YMCA

Fort Thomas, KY
Dana Ensley, Executive Director
www.myy.org

R.C. Durr YMCA

Burlington, KY
Jacob Brooks, Executive Director
www.myy.org

YMCA Camp Ernst

Burlington, KY
Elizabeth Cochran, Executive Director
www.ymcacampernst.org

Armed Services YMCA

Nationwide
Michael Landers, CEO

Branch in Kentucky:

Armed Services YMCA

Fort Campbell, KY
Shirley West, Executive Director
www.asymca.org/fort-campbell

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kyyymca.org/alliance

Kentucky Alliance of YMCAs
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Frankfort, KY

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